

## Post-Operative Instructions For Dermal Rejuvenation Injectables

For your safety and comfort, please read the following and adhere closely to the advice given. Please discuss anything you are unsure of, with your Dentist especially should you experience undesirable post-operative symptoms that persist for greater than a week or develop over time.

For 24 hours, do not:

- ★ Rub, massage or manipulate the treated area – includes having facials
- ★ Undertake air travel
- ★ Expose yourself to extremes of temperature, either cold or hot eg. Saunas

For 4-6 hours, do not:

- ★ Apply make-up
- ★ Perform exercise
- ★ Drink alcohol
- ★ Lay down – includes massages where you lay face down

Expect to “feel” or be aware of the product for the first couple of weeks until it dissipates.

Avoid extended exposure to the sun or UV light for two weeks.

Expect temporary side effects from the injections which may last several days eg. Swelling, bruising, redness, itching, burning, pain – you may use mild analgesics like paracetamol if needed and intermittent ice application for any swelling

Remember, results are immediate but initial swelling will distort the picture for the first 24-48 hours. Results will look more dramatic during this time but will subside to achieve the desired result.

Ensure you have scheduled a review appointment with your Dentist in 2 weeks as further enhancement may be necessary.

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